



# Adolescent Health Care: A Practical Guide (Adolescent Healthcare: A Practical Guide (Neinstein))

*Lawrence S. Neinstein MD FACP*

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## **Adolescent Health Care: A Practical Guide (Adolescent Healthcare: A Practical Guide ( Neinstein))**

Lawrence S. Neinstein MD FACP

Established as the "bible" of adolescent medicine, Dr. Neinstein's best-selling clinical reference is now in its thoroughly updated Fourth Edition. This practical, easy-to-use guide has been a staple in health care facilities that treat adolescents, is widely used for board preparation, and is one of the basic books recommended by the American College of Physicians for their internal medicine library. In easy-to-scan outline format, the book offers guidelines on every problem encountered in adolescent health care--the office interview, preventive health care, medical disorders, sexuality and family planning, adolescent gynecology, sexually transmitted diseases, drug use and abuse, and psychosocial concerns. New chapters in this edition cover diabetes mellitus (especially type 2), college health, nutritional/herbal supplements, depression and antidepressants, and abnormal Pap smears. Each of this edition's chapters includes listings of Websites where professionals, teenagers, and parents can find up-to-the-minute information.

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