



# Heart Thoughts: A Treasury of Inner Wisdom

*Louise Hay*

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# Heart Thoughts: A Treasury of Inner Wisdom

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## **Heart Thoughts: A Treasury of Inner Wisdom** Louise Hay

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“It is now time for you to release old beliefs and old habits, and the meditations and treatments within these pages can help you build your confidence as you make necessary changes in your life.

“This is a time of awakening. Know that you are always safe. And also know that it’s possible to move from the old to the new, easily and peacefully.”

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