



## Art, Psychotherapy and Psychosis

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# Art, Psychotherapy and Psychosis

## **Art, Psychotherapy and Psychosis**

*Art, Psychotherapy and Psychosis* reveals the unique role of art therapy in the treatment of psychosis.

Illustrating their contributions with clinical material and artwork created by clients, experienced practitioners describe their work in a variety of settings. Writing from different theoretical standpoints they reflect the current creative diversity within the profession and its links with psychotherapy, psychoanalysis, analytical psychology and psychiatry.

In part I specific issues involved in working with psychosis are explored. These include discussion of the therapeutic relationship, the process of symbolisation, the nature and meaning of art made by psychotic patients and the interplay between words and pictures. Part II recounts the history of art therapy and psychosis, tracing its origins in art, to its present-day role as a respected treatment in psychiatric, community and therapeutic settings.

*Art, Psychotherapy and Psychosis* extends the existing theory, develops analytical approaches in art psychotherapy and offers innovative perspectives for students and practitioners on the treatment of borderline states as well as psychosis.

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