



Practice of Happiness

John Kehoe

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Practice of Happiness John Kehoe

In *The Practice of Happiness*, John Kehoe takes us on his personal journey to the most remote corners of India, Australia, Africa and North America as he seeks to unlock the ultimate mystery of happiness. His surprising discoveries comprise a thoroughly engaging, anecdote-rich narrative sure to inspire those who seek happiness in their own lives.

This beautiful book, filled with illustrations and photographs, is a treasure to both the eyes and the heart. You will refer to it often as a source of joy and comfort.

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