



# People Patterns: A Modern Guide to the Four Temperaments

*Stephen Montgomery*

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## **People Patterns: A Modern Guide to the Four Temperaments** Stephen Montgomery

"Try to see it my way." Taking a line from the Beatles, Stephen Montgomery presents a modern guide to the four temperaments, the four ancient "people patterns" that hold the key to personality types. Montgomery draws extensively on the work of David Keirsey, author of the best-selling book on temperament, *Please Understand Me*, but he also cites scores of characters from popular books, movies, and TV -- from Harry Potter to Star Trek -- to help bring the Four Temperaments alive. In an easy style, and in words that everyone can understand, Montgomery shines a bright new light on Keirsey's Four Temperaments.

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