



Your 15th Club: The Inner Secret to Great Golf

Dr. Bob Rotella

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All golfers have fourteen clubs in their bag, but the real winners have a little something extra—that mental attitude that puts their game above the others. Dr. Bob Rotella, author of the bestselling book *Golf Is Not a Game of Perfect*, brings together his skills and years of experience as a golf psychologist to give readers the insight they need to improve their game—before they ever step up to the tee.

The 15th Club is the tool that golf stars like Tiger Woods use to block out negative thoughts, doubt, and fear. It is what allows champions to perform at their peak both in practice and during the game. Golfers who lack it find the game elusive and frustrating. Confident golfers play the game as they have always sensed they could play it. Now, one of the most renowned golf writers offers up the foolproof methods that will allow golfers at any skill level to give their game that extra boost.

Dr. Rotella provides tips and techniques for how to learn from better golfers, overcome fear in pressure situations, and keep a clear mind, no matter what. He tells golfers that inner arrogance is not a negative trait, but instead is something that can improve performance on and off the course. In order to perform at peak levels and achieve your goals, you must believe that you can win. Positive thinking is an incredibly powerful tool, and it can change the way a player approaches the game. Knowing how to focus on the challenge at hand and understanding your own talent are crucial parts of becoming a confident golfer.

Dr. Rotella provides a detailed plan that anyone can use to build the self-image of a winner. He offers a one-year schedule in diary and calendar form that will incorporate the daily mental routines that he assigns to players on the PGA Tour. This is how the pros learn to ignore negative influences, focus on productive advice, and take pride in their abilities.

Your 15th Club will tell golfers of all abilities how to develop the confidence they need to maximize their physical gifts and defeat the Tigers of their world, whether that world is the PGA Tour or the third flight of the club championship.

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Julie Bell:

Exactly why? Because this Your 15th Club: The Inner Secret to Great Golf is an unordinary book that the inside of the guide waiting for you to snap the item but latter it will shock you with the secret the item inside. Reading this book adjacent to it was fantastic author who write the book in such wonderful way makes the content on the inside easier to understand, entertaining way but still convey the meaning fully. So , it is good for you for not hesitating having this anymore or you going to regret it. This unique book will give you a lot of benefits than the other book include such as help improving your ability and your critical thinking way. So , still want to hold up having that book? If I have been you I will go to the e-book store hurriedly.

Graham Ayala:

The book untitled Your 15th Club: The Inner Secret to Great Golf contain a lot of information on the item. The writer explains the girl idea with easy means. The language is very clear to see all the people, so do not necessarily worry, you can easy to read it. The book was authored by famous author. The author will bring you in the new age of literary works. You can actually read this book because you can please read on your smart phone, or product, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site and also order it. Have a nice learn.

Carl Harber:

In this era which is the greater particular person or who has ability to do something more are more valuable than other. Do you want to become considered one of it? It is just simple solution to have that. What you need to do is just spending your time very little but quite enough to get a look at some books. On the list of books in the top record in your reading list is usually Your 15th Club: The Inner Secret to Great Golf. This book which can be qualified as The Hungry Mountains can get you closer in getting precious person. By looking right up and review this book you can get many advantages.

Mark York:

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