



# Common Herbs for Natural Health (Herbals of Our Foremothers)

*Juliette de Bairacli Levy*

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Common Herbs for Natural Health is an essential herbal for the newcomer to the expert. Juliette de Bairacli utilizes her Gypsy wisdom and decades of studying herbs and healing to create a book filled with natural remedies and recipes. What a treasure! Her respect and love for the plants, the earth, and the medicinal knowledge garnered from people of all ethnic origins is powerful, practical, and sensible. My gardens and personal health are already benefiting from this intelligent and tender book.

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