

Classical Adlerian Depth Psychotherapy, Volume I - Theory and Practice: A Socratic Approach to Democratic Living (Volume 1)

Henry T. Stein Ph.D.

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Volume I fully describes the stages and tasks of Classical Adlerian Depth Psychotherapy (CADP), as well as comprehensive expositions of strategies for cognitive, affective, and behavioral change: a therapeutic adaptation of the Socratic method; guided and eidetic imagery; and role-playing techniques for providing missing developmental experiences.



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