



Great Sex: A Man's Guide to the Secret Principles of Total-Body Sex

Michael Castleman

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Do you want to be a great lover and enjoy consistently great sex? Would you like reliable erections that don't wilt in the middle of lovemaking? Would you like superb ejaculatory control? Would you like your penis to be as large as it possibly can be? Do you want women to sing your sexual praises? All these sexual benefits can be yours if you read *Great Sex* and take its message to heart.

Author Michael Castleman is the nation's top journalist specializing in men's sexuality. He has been a sex educator, counselor, and writer for 30 years, including 5 years as the expert who answered the sex questions submitted to the *Playboy* Advisor. Written with the help of an advisory board that includes some of the nation's leading sex therapists, *Great Sex* is certain to help you overcome your sex problems; become a better, more confident lover; and enjoy the sex of your dreams.

Castleman's message is surprisingly simple: Stop imitating the rushed, all-genital sex you see in pornography. Instead, cultivate the opposite: leisurely, playful, total-body, massage-based lovemaking that includes the genitals, of course, but is not focused on them.

Sex inspired by pornography is a major reason why men think their penises are too small and why they have erection and ejaculatory problems. With wit, wisdom, and down-to-earth sympathy for men, Castleman discusses his own penis--like yours, it's a little too small--and his own struggles with balky erections, rapid ejaculation, and not expressing orgasm at all. Then, based on state-of-the-art sex therapy techniques, leading sexology texts, and almost 400 medical journal articles, he reveals how to overcome these issues and enjoy a satisfying and exciting sex life.

What's more, the sexual style Castleman advocates is the way most women prefer to make love. Take Castleman's advice and you'll benefit by having a lover who is more arousable, responsive, enthusiastic, and complimentary. In other words, when you embrace sensual, creative, whole-body lovemaking, everybody wins. You have fewer sex problems. The woman you love gets what she wants in bed. And you both enjoy sex that's hotter, more erotic, and more fulfilling.

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Billy Smith:

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