



Fundamentals of Nursing Made Incredibly Easy! (Incredibly Easy! Series®)

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Dazed and confused by Nursing Fundamentals class? Problem solved: *Fundamentals of Nursing Made Incredibly Easy!* makes it easy to learn the basics of nursing science, concepts and skills. Enjoy the light-hearted, real-life examples, and simple definitions of this popular book, packed with easy-to-follow instructions. You'll quickly grasp the basics of nursing science and on-the-job skills and gain the confidence you need to succeed.

This essential, one-of-a-kind reference makes learning the fundamentals of nursing *incredibly easy with*

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- **NEW** Info on social media and nursing
- **NEW** Info on current practice in wound care
- **NEW** Info on Healthy People 2020 health improvement program
- **NEW** Nutrition content updated to include MyPlate.gov healthy eating guidelines
- **NEW** Most current American Nursing Association practice standards
- Numerous care plan examples, including common nursing diagnoses, appropriate patient outcomes, and basis for each recommended treatment
- Three easy sections:
 - o **Foundational Concepts** - Overview of nursing; basics of health and illness; ethical and legal considerations; the nursing process
 - o **General Nursing Skills** – Communication; health assessment; taking vital signs; asepsis and infection control; medication basics; medication administration; IV therapy
 - o **Physiologic Needs** – Oxygenation; patient self-care and hygiene; mobility, activity, and exercise; skin integrity and wound healing; comfort, rest, and sleep; pain management; nutrition; urinary elimination; bowel elimination
- Fun drawings and cartoons make it simple to relate to skills and concepts
- Easy-to-read content offers simple definitions of technical medical terms
- Great refresher for new nursing grads and experienced nurses looking to renew their basic skills
- Illustrated features in each chapter include:
 - o *Memory joggers* – Simple tricks for remembering key info
 - o *Teacher's lounge* – Patient-teaching tips on procedures, equipment and home care
 - o *Ages and stages* – Identifies issues and procedures where patient's age impacts nursing care
 - o *Just the facts* – Brief outline of content at the start of every chapter
 - o *Quick Quiz* – NCLEX practice questions at end of every chapter
 - o *Stay on the ball* – Possible dangers, risks, complications, contraindications and safety measures
 - o *Take note!* – Tips on how to document patient info

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