



The Little Red Book

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This is the original study guide to the Big Book, *Alcoholics Anonymous*. Filled with practical information for those first days of sober living, this little book:

offers newcomers advice about the program, how long it takes, and what to look for in a sponsor provides in-depth discussions of each of the Twelve Steps and related character defects poses common questions about AA and helping others, identifying where to find answers in the Big Book features non-sexist language

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