



What is Enlightenment?

William Bodri

Download now

[Click here](#) if your download doesn't start automatically

What is Enlightenment?

William Bodri

What is Enlightenment? William Bodri

What is spiritual enlightenment? You often hear the term "enlightenment" in deep spiritual discussions, but it is almost impossible to find anyone who can definitively say what "enlightenment," "awakening," "union," or "self-realization" actually entails. In fact, many religions differ as to their proposals for the highest state of spiritual attainment -- which is often called salvation, liberation or becoming one with God (union) -- that often do not even include enlightenment, or they may simply recognize it under a different name.

Enlightenment is the direct realization of our self-nature, source essence, or true self. This awakening constitutes directly experiencing the source and essence of reality, the original dimension of equal identity where mind and matter are one because you have found the ultimate underlying, true nature of all things. Enlightenment means to directly, experientially realize that basic substance of cosmic life where matter and consciousness are the same substance, which then consequently opens up various powers and a universal visage.


That transcendental source nature you discover is often called God, Ein Sof, Allah, Brahman, dharmakaya, fundamental nature, Buddha-nature, Tao, Emptiness or Self. Some of the secular designations include Pure Consciousness, pristine awareness, one mind, uncreated light, clear light or infinite universal illumination to denote the fact that It is the ultimate substratum that gives birth to the knowingness of manifest consciousness.


The way to this realization is through meditation and other spiritual practices that teach you to stop clinging to states of consciousness. You must always allow consciousness to arise, but should not cling to thoughts to thus become a perfectly free, effortless, natural and spontaneous individual. As your thoughts quiet down because of this practice, your body's chakras and chi channels will open up (you will experience a kundalini awakening) and you will gradually stop identifying your body and mind as your self. In time you can attain a pristine realization of selflessness (a state absent of the ego, I-thought or sense of separate "I-ness") that constitutes enlightenment.

Regardless of your religious tradition, when you diligently cultivate spiritual practice you will gradually pass through many transitional stages of progress and particular spiritual experiences. These experiences can include special degrees of one-pointed concentration (absorption) called dhyana and samadhi attainments, which prepare you for enlightenment if you cultivate far enough. Many religions, both Eastern and Western, describe these possible achievements in great detail, and many such experiences that are not enlightenment are analyzed within so that practitioners do not incorrectly assume they have actually achieved awakening when they have only experienced inferior attainments. The various achievement levels to this awakening of self-realization that are explained.

This book is the first of its kind to collect not only the rare autobiographical and biographical accounts from many traditions of individuals who achieved enlightenment (because it is a non-denominational accomplishment), but also the relevant passages in each tradition's scriptures that reveal the characteristics of the original nature that everyone awakens to (such as perfect purity, changelessness, infinity, eternity, and

bliss). The reader quickly comes to the conclusion that despite sectarian differences, everyone is actually awakening to the very same thing. It cannot be anything else! The pathway to enlightenment is analyzed using many different religious paths and frameworks. Many common errors of spiritual practice and misinterpretations of spiritual states are also revealed to help individuals become correctly oriented so that they can attain enlightenment as well.

 [Download What is Enlightenment? ...pdf](#)

 [Read Online What is Enlightenment? ...pdf](#)

Download and Read Free Online What is Enlightenment? William Bodri

From reader reviews:

Denice Cooke:

In other case, little people like to read book What is Enlightenment?. You can choose the best book if you like reading a book. Providing we know about how is important a new book What is Enlightenment?. You can add information and of course you can around the world with a book. Absolutely right, simply because from book you can understand everything! From your country right up until foreign or abroad you can be known. About simple factor until wonderful thing it is possible to know that. In this era, you can open a book or maybe searching by internet system. It is called e-book. You may use it when you feel weary to go to the library. Let's study.

Linda Griffin:

Book is to be different for every grade. Book for children until finally adult are different content. As we know that book is very important for us. The book What is Enlightenment? has been making you to know about other expertise and of course you can take more information. It is quite advantages for you. The publication What is Enlightenment? is not only giving you much more new information but also being your friend when you experience bored. You can spend your current spend time to read your publication. Try to make relationship together with the book What is Enlightenment?. You never really feel lose out for everything in case you read some books.

Marcella Baird:

This book untitled What is Enlightenment? to be one of several books which best seller in this year, here is because when you read this publication you can get a lot of benefit upon it. You will easily to buy this book in the book store or you can order it by using online. The publisher of the book sells the e-book too. It makes you quickly to read this book, since you can read this book in your Smartphone. So there is no reason for your requirements to past this reserve from your list.

Dixie Jones:

The reason why? Because this What is Enlightenment? is an unordinary book that the inside of the reserve waiting for you to snap the idea but latter it will surprise you with the secret the idea inside. Reading this book close to it was fantastic author who else write the book in such wonderful way makes the content interior easier to understand, entertaining method but still convey the meaning entirely. So , it is good for you because of not hesitating having this anymore or you going to regret it. This excellent book will give you a lot of gains than the other book have got such as help improving your skill and your critical thinking method. So , still want to delay having that book? If I were being you I will go to the reserve store hurriedly.

**Download and Read Online What is Enlightenment? William Bodri
#QGFEPXJKV6D**

Read What is Enlightenment? by William Bodri for online ebook

What is Enlightenment? by William Bodri Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read What is Enlightenment? by William Bodri books to read online.

Online What is Enlightenment? by William Bodri ebook PDF download

What is Enlightenment? by William Bodri Doc

What is Enlightenment? by William Bodri Mobipocket

What is Enlightenment? by William Bodri EPub